



## SMILE WITH CONFIDENCE

DR. TIM SELLNER • DR. DOUG JONES

### Children and Dental Emergencies

With the summer upon us, children are excited, care-free and looking forward to playing sports, or just with their family and friends; with this comes a higher risk of a dental emergency. There are some things to keep in mind when a dental incident occurs:

If a baby tooth has come out: Contact us, your dental office. If bleeding is present, rinse the mouth and place gauze where the tooth is missing, and ice on the outside of the mouth wrapped in a towel to reduce swelling. Stay calm and keep child calm. There is no need to search for the missing baby tooth.

If a permanent (adult) tooth has come out: Find the tooth and rinse gently under water only. Hold the tooth in the socket (not out of the mouth) with clean gauze, if not, keep the tooth in a container with your child's saliva or milk. Seek immediate dental care with your child's family dentist or emergency dentist.



If a tooth is chipped or fractured: If your child is experiencing any pain, contact us right away, this may save the tooth or prevent more extensive treatment. Rinse with water, apply ice to the outside of the mouth to reduce any inflammation.

Dental emergencies can often be avoided by ensuring that a custom-fit mouthguard is being worn during contact sports. Custom mouthguards need regular replacement as your child's teeth change position as they grow.

All of us at TechTown Dentistry wish you all a wonderful and safe summer break!

#### A word from your dental hygienist

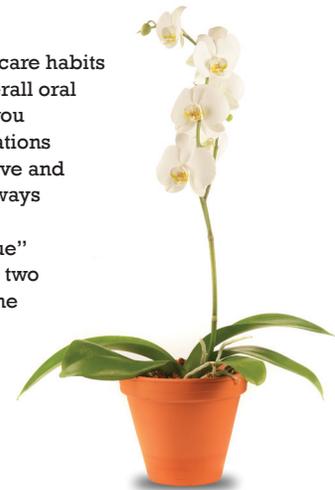
#### WaterPik vs. AirFloss: WHAT is the Difference?

We often talk about the use of WaterPik (aka. WaterFloss) and AirFloss with some of our patients who have braces, dental implants, or restorations that are difficult to floss around, or for patients who just dislike flossing and are looking for another alternative. Truthfully, there is no alternative to mechanical, interdental cleaning such as floss or a soft tool designed to clean between your teeth, however, both of these units are great in conjunction. Interdental cleaning with floss is still the gold-standard in plaque removal in between your teeth.



When we review your current homecare habits and assess your gum health and overall oral health, we promise to always keep you informed, and to make recommendations based on our findings to help improve and maintain your oral health. We are always keeping current with the latest, the trendiest and the most "tried and true" tools to help our patients. There are two tools that we are often discussing: The WaterPik vs. AirFloss.

The AirFloss uses microbursts of air to clean between the teeth, similar to when we dry the teeth with air at the dental office. This is an attractive tool to some because it is cordless and isn't as "messy" because it uses air instead of water.



Dr. Doug Jones & Dr. Tim Sellner

Your world needs your smile.

Did you know... You can now submit your Appointment Request online.

TECHTOWN DENTISTRY CORE VALUES  
KINDNESS • EXTRA MILE SERVICE • INTEGRITY • QUALITY

Accepting New Patients  
Call 519.746.7333

## The TechTown Dentistry Dental Health Advantage

We listen to what you want and together we develop an innovative plan and path to achieve your dental health goals.

Your plan is simple, balanced and focused and it fits into your lifestyle. Discover your opportunities to grow and protect your dental health confidence.

**Our Patients Smile with Confidence.**

## The TechTown Dentistry Patient Charter of Rights

We believe you have the Right to **know**. So we promise to tell you what we see. And you have the right to **choose** - what you feel is best for you and when and how to fit your choice into your lifestyle.

## Dental Emergencies

In the event of a Dental Emergency outside of business hours, call our office for instructions on contacting the Dentist on call. **519-746-7333**

## Insurance Plans Accepted

We electronically file your claims for faster processing. Ask us for more information.

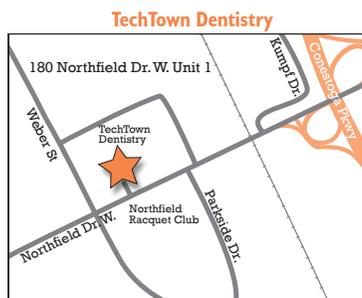
## Hours

Mondays . . . . . 8am - 7pm  
Tuesday to Thursday . . . . . 8am - 5pm  
Friday . . . . . 8am - 2pm

## Join us on Facebook



Watch for new product updates & information on maintaining your dental health.



The WaterPik uses pressured water to clean around and in between the teeth. The WaterPik has different pressure settings and is effective around braces, dental implants and difficult to clean restorations such as bridgework.

In our opinion, the WaterPik is a more effective tool as it removes more plaque bacteria with the use of pressured water, therefore the gums respond better. The Air-Floss cannot remove as much plaque bacteria, as plaque can become "sticky" on the teeth and this would just create a drier oral environment, with less removal of the "sticky" plaque bacteria.

Sincerely,  
Your Dental Hygiene Team, Alana,  
Caren, Hayley, Amanda and Julie

## Philips Sonicare Toothbrush

Electric toothbrushes are the most effective way to brush your teeth and effectively clean around the gum margins. There are many brushes on the market that offer similar results and technology. We have done our research and recommend Philips Sonicare to you and your family.

The Sonicare works differently than other electric toothbrushes as it uses ultrasonic vibrations instead of mechanical rotations to clean the teeth. This means way more brush movements, which leaves your teeth feeling very clean. Without the mechanical rotations of the brush, it is also very gentle if you have any areas that are sensitive to brushing. There are a variety of models of Sonicare that offer different levels of technology, based on your needs!



## Team News:

Exciting news to share about the TechTown Dentistry Team!

To Dr. Sellner and his family on the addition of Charlie the Golden-Doodle to their family!



## Congratulations:

To Dr. Jones and his family on the addition of two new grand daughters. Dr. Jones and Diane are now grandparents to seven beautiful grandchildren!

## Our TechTown Team is Growing!

**Welcome: Julie** has joined our Dental Hygiene Team. Julie offers many years of experience and is passionate about providing great care to her patients.

**Kellie** has joined our team as a Dental Assistant. Kellie is very compassionate and has had many years of experience.

**Katherine** has joined our team as an Office Administrator. Katherine is very kind, and looks forward to getting to know all of you! Katherine will be working along-side Gina.

**Alexandria** has joined our team as our Patient Care Coordinator. Alexandria has had experience in the dental field. Alexandria will be meeting new patients and working with new and existing patients with regards to their treatment needs.

Welcome back to **Alana** and **Caren**! Alana and Caren were on Maternity Leave, but are excited to be back! Alana and Josh welcomed a boy named William in January 2017. Caren, Jeff and Andrew welcomed a girl named Ava in May 2017.

## Professional Development: An important part of our ongoing education

Dr. Sellner continues to represent our local dentists as a representative on the Ontario Dental Association. He enjoyed learning at a dental convention in Toronto this spring.

**Accepting New Patients & Referrals** We welcome referrals of your friends and family.



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